WOMEN'S RISK/NEEDS ASSESSMENT PRE-RELEASE INTERVIEW

Version 6: 2012

Name:			Inmate ID (DOC #):	
Current Offense:		Sentence:		
DOB:	Race:	Age:	Assessment Date:	
Interviewer:			Interviewer sex: Male Female	

<u>Directions:</u> Staff completing this form should (a) interview the client, and (b) consult appropriate official records prior to completing the interview. Criminal history, current offense, and other agency reports should be consulted in order to verify and corroborate the client's answers to questions asked during the interview. Below, please check all of the official sources of information consulted prior to beginning this interview. In most instances the client's perceptions are preferred; however, if there is a clear discrepancy between the client's version and the recorded version, items marked with an asterisk (*) may be overridden (based upon official record) to increase a client's risk or need. It is imperative that interviewers ask the client the entire question before proceeding to override the item. Please see the scoring manual for further information on overrides and scoring.

IN THE COURSE OF THIS INTERVIEW, THE FOLLOWING DOCUMENTS WERE READ (check all that apply):

Police Reports	Prosecutor's Documents	□ Pre-sentence Reports
Assessments, including substance abuse assessments	Treatment Reports	Criminal History
□ Client probation, parole and institutional files	□ Classification Files	□ Earlier Interviews
□ Other (specify)		

Some of the following items (e.g., current conviction charge) can be completed without input from the client. In these cases, the interviewer should simply transfer information from the client's record to this document. However, most items will require questions of the clients. In those cases, the questions are provided in this document. Interviewers are requested to ask all questions in their entirety, except for questions that are not applicable.

SECTION 1: CLIENT'S VERSION OF THE PRESENT OFFENSE (ATTITUDES SCALE)

<u>Directions:</u> In this part of the assessment, the interviewer should engage the Woman in a brief discussion of the offense which led to her conviction. The following questions should be helpful in doing so. After asking these questions, complete the items in the ATTITUDES SCALE below. To formulate the most valid responses to items 9 to 15, below, it is recommended that you probe for more than YES or NO or cursory answers to questions 1 through 8. Also, it is advisable to go back to this section after the entire interview is completed and re-evaluate questions 9 through 15.

	INTRODUCTORY QUESTIONS TO ASK THE CLIENT
1.	Can you tell me about the offense(s) that led to your current conviction?
2.	What actually happened? What events led up to your arrest?
3.	Did you commit this offense with another person? What was his or her role in the offense? How did you get hooked up with this person?
4.	Was there a victim? Do you know what happened to that person?
5.	Was anyone effected or hurt by your offense?
6.	Were you treated fairly by criminal justice officials? How did the police treat you? How did the judge treat you?
7.	Do you think your sentence was fair?
8.	How do you feel about this now, looking back on it?

<u>SCORING</u>: ATTITUDES SCALE – *DO NOT ASK THE CLIENT THESE QUESTIONS.* On the basis of answers to the questions above, the interviewer should check yes or no regarding the client's attitudes toward the offense.

	ATTITUDES SCALE	No	Yes
9.	Client displays no remorse for the present offense (other than remorse for being apprehended).	□ (0)	□ (1)
10.	There are differences between the official version and the client's version. Client portrays the offense in a more favorable light than official documents.	□ (0)	□ (1)
11.	Client attributes offense to others. Co-defendants, victims, or others are blamed.	□ (0)	□ (1)
12.	Client makes excuses for the offense – does not take responsibility.	□ (0)	□ (1)
13.	Client denies having committed the offense.	□ (0)	□ (1)
14.	Client blames justice system officials for her being apprehended, arrested, convicted, and/or incarcerated.	□ (0)	□ (1)
15.	Client minimizes harm to the victim (answer no if no victim).	□ (0)	□ (1)

Total Attitudes Score (sum items 9-15): ____

Notes (Attitudes):

SECTION 2: CRIMINAL HISTORY SCALE

<u>SCORING</u>: CRIMINAL HISTORY SCALE – Please complete the following items by examining official documents.

	CRIMINAL HISTORY SCALE	No	Yes
16.*	Was the current conviction for a violent offense (homicide, assault, robbery, or other offense that involved physical harm to others)?	□ (0)	□ (1)
17.*	Number of prior felonies: (NOTE: THIS ITEM <u>MUST</u> BE VERIFIED THROUGH OFFICIAL DATA.)	 None (0) One to two (1) Three to five (2) Six or more (3) 	
18.*	Have any prior offenses (felonies and misdemeanors) been for violent offenses?	□ (0)	□ (1)

The following should be asked directly of the client, but corroborate her responses with official records.

		No	Yes
19.*	Have you ever been on supervised probation or parole prior to this offense?	□ (0)	□ (1)
20*	Were you ever revoked on a current or prior term of probation or parole? If no prior term, score NO.	□ (0)	□ (1)
21.*	Have you served any prior prison terms? (VERIFY WITH OFFICIAL DATA.) How many?	□ None (0) □ One (1) □ Two or more (3)	
22.*	Did you receive any conduct violations while serving a prior prison term for assault, escape, fighting, dangerous contraband, or threatening others?	□ (0)	□ (1)
23.*	How long has it been since your last conviction (do not count the original sentence or sentence on which you have been revoked)?	 No prior convictions (0) Three yrs or less (2) More than three yrs (0) 	
24.*	What is your current age (may be inserted from record)?	□ 18-30 (2) □ 31-40 (1) □ 41 + (0)	

Total Criminal History Score (sum items 16-24): _____

Notes (Criminal History):

This remainder of this interview is designed to help us get a sense of you and what some of your needs might be. We will use this information to help us link you to programs and services that we hope will benefit you. Let's begin with a discussion about your education and employment history.

SECTION 3: EDUCATIONAL SCALES

SCORING: EDUCATIONAL SCALES - These questions must be asked directly of the client.

	EDUCATIONAL SCALES	EDUCATIONAL STRENGTHS		EDUCATIONAL NEEDS	
		No	Yes	No	Yes
25.*	Do you currently have trouble reading or writing? For example, do you have trouble reading a newspaper?			□ (0)	□ (1)
26.*	Have you ever been diagnosed with any learning disabilities, attention deficit disorder (ADD), ADHD, or special educational needs?			□ (0)	□ (1)
27.*	Have you ever attended special education classes or received any services for students with learning disabilities?			□ (0)	□ (1)
28.*	Have you graduated from high school or received a G.E.D.?	□ (0)	□ (1)	□ (1)	□ (0)
29.*	Have you received any job-related licenses or certificates? (Include those which may have been received in high school or prison.)	□ (0)	□ (3)		
30.*	Have you attended college or post high school classes for at least one academic term?	□ (0)	□ (1)		
31.*	Do you have a college degree? (Include 2 year degrees.)	□ (0)	□ (1)		

Total Educational Needs Score (sum items 25-28): _____

Total Educational Strengths Score (sum items 28-31): _____

	CASE MANAGEMENT NOTES				
32.	Do you have educational or vocational plans for the future?	□ No	□ Yes		
33.	Interviewer: Check if verified by educational assessments:	□ Client's version is corroborated by educational tests.			
		No tests were available to corroborate client's report of reading writing, or aptitude.			

Notes (Education):

SECTION 4: EMPLOYMENT/FINANCIAL

SCORING: EMPLOYMENT/FINANCIAL SCALE - These questions must be asked directly of the client.

	EMPLOYMENT/FINANCIAL SCALE			
34.	During the year prior to this incarceration (or revocation if client was recently returned to prison) were you employed?	□ Fulltime (0)	□ Part-time or unable to work because of child/family care, poor health, student, etc. (1)	□ Unemployed but able to work (2)

		No	Yes
35.	During the 3 years before your offense, did you have any difficulties finding and keeping a job?	□ 0)	□ (1)
	[If unable to be employed (e.g., parenting, full-time student, disabled), score No. If able to be employed and not working but did not look for a job, score YES.]		
36.	Do you live in a household where at least one member has full-time, year-round employment?	□ (1)	□ (0)
37.	Were you (or you and your significant other) able to pay your bills without financial help from family or friends?	□ (1)	□ (0)
38.	Prior to coming here did you have any recent problems like eviction, bankruptcy, calls from collection agencies, cut-off utilities, problems with getting child support payments, repossession of property things like that?	□ (0)	□ (1)
39.	During your adult life, have you ever been homeless or lived in a shelter?	□ (0)	□ (1)
40.	Will you live in public housing once you are released?	□ (0)	□ (1)
41.	Do you worry about whether you will be able to make ends meet once you are released?	🗆 No (0)	
		□ Some (1)
		□ A lot (2)	

Total Employment/Financial Score (sum items 34-41): _____

	CASE MANAGEMENT NOTES			
42.	Will you be the sole provider of your children upon your release?	□ No	□ Yes	□ N/A
43.	Will your children have medical insurance upon your release? No		□ Yes	□ N/A
44.	. Will you have medical insurance?		🗆 No	□ Yes
45.	Do you expect to be receiving public assistance?		□ No	□ Yes
46.	Will you receive food stamps?		□ No	□ Yes

Notes (Employment/Financial):

Now that we have talked about your education and employment, I'm going to ask you some questions about your living situation.

SECTION 5: HOUSING SAFETY

SCORING: HOUSING SAFETY SCALE - These questions must be asked directly of the client.

	HOUSING SAFETY SCALE	No	Yes
47.	Did you feel safe in your last home, prior to your incarceration?	□ (1)	□ (0)
48.	Did you feel safe in your last neighborhood, prior to your incarceration?	□ (1)	□ (0)
49.*	Was your home environment free of violence?	□ (1)	□ (0)
50.*	Did the police come into your neighborhood a lot?	□ (0)	□ (1)
51.*	During the 18 months prior to your offense, how many times did you move your residence?	□ 0-1 (0)	
		🗆 2-4 (1)	
		□ 5 + (2)	

Total Housing Safety Score (sum items 47-51): _____

	CASE MANAGEMENT NOTES		
52.	Will you be living on your own for the next several months following your release?	🗆 No	□ Yes
	If no, who will you be living with (relationship not name)?		
53.	Are you at all concerned about your safety?	🗆 No	□ Yes

Notes	(Housing	Safety):
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Next, I'm going to ask you some questions about your friends and people that you spend your time with.

SECTION 6: ANTISOCIAL FRIENDS

SCORING: ANTISOCIAL FRIENDS SCALE - These questions must be asked directly of the client.

	ANTISOCIAL FRIENDS SCALE	No	Yes
54.	Have any of your close friends on the outside been in trouble with the law?	□ (0)	□ (1)
55.	Have any of your close friends on the outside done prison time?	□ (0)	□ (1)
56.	Have you ever committed any offenses with a friend?	□ (0)	□ (1)
57.	Prior to your arrest, did you have some friends who seemed supportive of you?	□ (1)	□ (0)
58.	On the outside do you spend time with people who abuse alcohol/drugs?	□ (0)	□ (1)
59.	If you look at your group of friends on the outside, would you say that most have been involved with the law?	□ (0)	□ (1)

Total Antisocial Friends Score (sum items 54-59):

Notes (Antisocial Friends):

Now we are going to move on to some questions about how you feel. We'll talk about things like anger, depression, and other mental health issues that are common to many women.

SECTION 7: ANGER/HOSTILITY

SCORING: ANGER/HOSTILITY SCALE – These questions must be asked directly of the client. If there is evidence of violent offenses in the client's background, and the client does not relate to anger, create discrepancy. For example, "what was going on for you when that assaultive incident was committed?" Avoid interrogations, however.

	ANGER/HOSTILITY SCALE	No	Yes
60.*	Would you describe yourself as having a strong temper?	□ (0)	□ (1)
61.*	* Do you have trouble controlling your temper when you get upset?		□ (1)
62.*	Within the past 3 years, have you ever hit/hurt anyone, including family members, when you were upset (exclude self-defense)?	□ (0)	□ (1)
63.*	.* Have these events ever resulted in involvement with child and family services or law enforcement?		□ (1)
64.*	.* Have any of these experiences occurred within the past 6 months (exclude self-defense)?		□ (1)
65.	Within the past 6 months have you had any times when you think you got too aggressive when something made you angry?		□ (1)
66.	Were you angry or upset when you committed the present offense?	□ (0)	□ (1)

Total Anger/Hostility Score (sum items 60-66): _____

Notes (Anger/Hostility):

SECTION 8: MENTAL HEALTH

SCORING: HISTORY OF MENTAL ILLNESS SCALE - These questions must be asked directly of the client.

	HISTORY OF MENTAL ILLNESS SCALE	No	Yes
67.*	Have you <u>ever</u> seen a mental health counselor/therapist, psychologist, or psychiatrist for help with a problem? (Do not count prison intake interviews.)	□ (0)	□ (1)
68.*	Have you ever been diagnosed with mental illness?	□ (0)	□ (1)
69.*	Have you ever taken any prescribed medication to help you feel better emotionally?	□ (0)	□ (1)
70.*	* Have you ever seen things or heard voices that were not really present?		□ (1)
71.*	Have you <u>ever</u> attempted suicide?	□ (0)	□ (1)
72.*	Have you <u>ever</u> been hospitalized or placed in a mental health unit for any of these or other types of mental health problems?	□ (0)	□ (1)

Total History of Mental Illness Score (sum items 67-72): _____

Notes (History of Mental Illness):

Okay, let's talk about how you've been feeling over the last several days.

<u>SCORING</u>: MENTAL HEALTH: DYNAMIC SCALES OF CURRENT SYMPTOMS – These questions must be asked directly of the client.

	MENTAL HEALTH: DYNAMIC SCALES OF CURRENT SYMPTOMS		DEPRESSION/ ANXIETY		HOSIS
	At present are you:	No	Yes	No	Yes
73.	Experiencing problems concentrating or staying focused?	□ (0)	□ (1)		
74.	Experiencing mood swings too many ups and downs?	□ (0)	□ (1)		
75.	Having many thoughts that others are out to harm you?			□ (0)	□ (1)
76.	Experiencing fears about the future, which are difficult to cope with?	□ (0)	□ (1)		
77.	Having any trouble sleeping because you are too worried about things?	□ (0)	□ (1)		
78.	Worrying so much about things that you have trouble getting going and getting things done?	□ (0)	□ (1)		
79.	Seeing things or hearing voices that are not really present?			□ (0)	□ (1)

Total Depression/Anxiety Score (sum items 73-74 and 76-78): _____

Total Psychosis Score (sum items 75 and 79): _____

	CASE MANAGEMENT NOTES				
80.	Are you currently taking any prescribed medication to help with any of these problems?	□ No, I have no medication.	need for such		
		□ No, but I am ir medication for th			
		Yes, I take me seems to help.	edication which		
		□ I take medication, but it not help.			
		I have not take any of these prot though I have the			
81.	Are you experiencing any suicidal thoughts? If yes, follow agency policy.	🗆 No	□ Yes		

Notes (Current Symptoms):

I am going to ask you some questions about whether or not you have been physically or sexually abused as a child or an adult. There are only four questions in this section, and if the questions are too difficult to answer, we will just move on to the next section. Please understand that the types of experiences that we would consider to be abusive include hitting, slapping, pushing, kicking, and threatening to hurt you.

SECTION 9: ABUSE/TRAUMA

SCORING: ABUSE/TRAUMA SCALES - These questions must be asked directly of the client.

	ABUSE/TRAUMA SCALES	CHILD ABUSE		ADULT ABUSE	
		No	Yes	No	Yes
82.*	Have you ever experienced physical abuse:				
	As an adult? ^a			□ (0)	□ (1)
	As a child? ^b	□ (0)	□ (1)		
83.*	Have you ever experienced sexual abuse:				
	As an adult? ^a			□ (0)	□ (1)
	As a child? ^b	□ (0)	□ (1)		

Total Child Abuse Score (sum items 82^b and 83^b): _____

Total Adult Abuse Score (sum items 82^a and 83^a): _____

Total Physical Abuse Score (sum items 82^ª and 82^b): _____

Total Sexual Abuse Score (sum items 83^a and 83^b): _____

SCORING: PTSD SCALE - These questions must be asked directly of the client.

	PTSD SCALE		
	In your life have you ever had any experience that was so frightening, horrible, or upsetting that IN THE PAST MONTH you (check any that apply):	No	Yes
84.	Have had nightmares about it OR thought about it when you did not want to.	(0)	(1)
85.	Tried hard not to think about it OR went out of your way to avoid situations that reminded you of it.	(0)	(1)
86.	Were constantly on guard, watchful, or easily startled.	(0)	(1)
87.	Felt numb or detached from others, activities or your surroundings.	(0)	(1)

Total PTSD Score (sum items 84-87): _____

	CASE MANAGEMENT NOTES		
88.	Are you currently being stalked or emotionally abused (humiliated, threatened, harshly ridiculed) by someone close to you? If yes, follow agency policy.	No	Yes

Notes (Abuse/Trauma):

Many women have problems with drugs and alcohol. The next set of questions I'm going to ask you is about drug and alcohol use in your life.

SECTION 10: SUBSTANCE ABUSE

<u>SCORING</u>: **SUBSTANCE ABUSE** – Before completing this section, please review available official records. If appropriate, discuss current and past treatment referrals with the client (community and institutional). These questions must be asked directly of the client.

	SUBSTANCE ABUSE SCALES	HISTORY		RECENT	
		No	Yes	No	Yes
89.*	(Interviewer verify this question based on official records.) Has the client received prior substance abuse treatment or services in a program other than AA/NA or substance abuse education?	□ (0)	□ (1)		
90.*	(Interviewer verify this question based on official records.) Does the client have substance abuse-related offenses on record (felonies or misdemeanors)?	□ (0)	□ (1)		
91.	Would you say that your use of drugs or alcohol was involved in the present offense?	□ (0)	□ (1)		
92.*	Have you had any recent (past 6 months) conduct violations, law violations, or technical violations related to drugs or alcohol use?			□ (0)	□ (1)
93.*	During the past 6 months have you received a drug screen that was rated positive or diluted?			□ (0)	□ (1)
94.	Have drugs or alcohol ever made it difficult for you to perform at work or in school?	□ (0)	□ (1)		
95.	Have family or friends ever expressed concern for your drinking or drug use?	□ (0)	□ (1)		
96.	When you start drinking or taking illegal drugs, do you have difficulty stopping?	□ (0)	□ (1)		
97.	Do you associate with individuals who drink heavily or use drugs?			□ (0)	□ (1)
98.*	In the past 6 months, have you missed treatment appointments or stopped participating in support groups? (not applicable = 0)			□ (0)	□ (1)
99.	Have you <u>ever</u> experienced health or emotional problems resulting from alcohol or drug use?	□ (0)	□ (1)		
100.	Has your drug or alcohol use ever resulted in marital or family fights?	□ (0)	□ (1)		
101.	Has drug use ever resulted in financial problems for you?	□ (0)	□ (1)		
102.	Does anyone in your home use drugs or alcohol?			□ (0)	□ (1)
103.	Did your drug use ever involve the use of opiates, hallucinogens, or ecstasy?	□ (0)	□ (1)		
104.	During your most active periods of drug and/or alcohol use did you use on a daily basis?	□ (0)	□ (1)		
105.	Do you currently have any feelings that you need to use drugs first thing in the morning?			□ (0)	□ (1)

Total Substance Abuse History Score (sum items 89-91, 94-96, 99-101, & 103-104): ____

Total Recent Substance Abuse Score (sum items 92-93, 97-98, 102, & 105): ____

Notes (Substance Abuse):

In the next couple of sections I am going to ask you some questions about your relationships with significant others, your children, and your immediate family. First let's talk about your relationships with significant others.

SECTION 11: RELATIONSHIPS

SCORING: RELATIONSHIPS – These questions must be asked directly of the client. These items are case management notes only and are not included in the scoring process.

	CASE MANAGEMENT NOTES		
106.	Are you currently involved with a significant other?	🗆 No	□ Yes
107.	Are you married (include common-law and domestic partnerships)?	□ No	□ Yes
108.	How long have you been involved with this person?		

Notes (Relationships):

Now, let's talk about your children.

SECTION 12: PARENTING

SCORING: PARENTAL INVOLVEMENT SCALE - These questions must be asked directly of the client.

109.	Do you have any children who are 18 or younger that you have had periods of ongoing contact with?	No	Yes
	If yes, please complete this section.		

	PARENTAL INVOLVEMENT SCALE	No	Yes
110.	Do you expect to have shared or full custody of your children upon release?	□ (0)	□ (1)
111.	Do you maintain at least monthly contact with any children by letter, telephone, or visits?	□ (0)	□ (1)
112.	Are you involved in important decisions regarding your children (e.g., school-related, health, outside activities)?	□ (0)	□ (1)
113.	Do you feel prepared to be a good parent?	□ (0)	□ (1)
114.*	Are you having any difficulty obtaining or maintaining custody of your children?	□ (1)	□ (0)

Total Parental Involvement Score (sum items 110-114): _____

	CASE MANAGEMENT NOTES		
115.	Are you a single parent?	🗆 No	□ Yes
116.*	Have you ever been investigated for abuse/neglect of a child (e.g., by police, children services, school)?	□ No	□ Yes

Notes (Parental Involvement):

In this last section we are going to talk about your family. Here we only want to focus on your close biological or adoptive family members. If client's family members are deceased, please score zero for all items.

SECTION 13: FAMILY OF ORIGIN

<u>SCORING</u>: FAMILY OF ORIGIN SCALES – These questions must be asked directly of the client. If "Family, no contact" is checked (item 117), check NO for all FAMILY SUPPORT items.

	FAMILY OF ORIGIN SCALES	FAMILY SUPPORT	FAMILY CONFLICT
117.	How is your relationship with your family (check the row that best applies)?		
	□ Good, just minor conflicts	□ (1)	□ (0)
	\Box Conflictual some of the time (mixed)	□ (0)	□ (0)
	\Box Conflictual most of the time	□ (0)	□ (1)
	Family, no contact	□ (0)	□ (1)

		FAMILY SUPPORT		FAMILY CONFLICT	
		No	Yes	No	Yes
118.	Do you maintain at least monthly contact with any family members?	□ (0)	□ (1)		
119.	Does your family currently refuse to communicate with you because they are angry with you?			□ (0)	□ (1)
120.	Does your family tend to be critical of you when they communicate with you?			□ (0)	□ (1)
121.	Does your family encourage you to participate in programs, classes, or treatment sessions that might help you to avoid trouble in the future (e.g., or come to terms with substance abuse, etc.)?	□ (0)	□ (1)		
122.	Did you receive visits from your family during this prison term (or during your recent term if client is already on parole)?	□ (0)	□ (1)		
123.	Has your family offered to help you get established after you are released?	□ (0)	□ (1)		
124.	Do any of your close family members have a criminal history?			□ (0)	□ (1)

Total Family Support Score (sum items 117, 118, & 121-123): _____

Total Family Conflict Score (sum items 117, 119-120, & 124): _____

Notes (Family of Origin):

WOMEN'S RISK/NEEDS ASSESSMENT PRE-RELEASE SURVEY

Version 6: 2012

Name:

Date:

The following questionnaire asks about issues that have a special interest to women such as relationships, selfconfidence, abuse, and parenting. These questions are designed to help us find appropriate programming for you as you complete this period of supervision. Please answer them as honestly as you can.

1. <u>RELATIONSHIP SCALES</u>¹: The next questions ask you about your relationships with your significant others. In answering these questions please think of your most recent intimate relationship(s). This may include boyfriends/girlfriends, significant others, romantic partners, spouses, etc.

RELATIONSHIP SCALE A			NO
1.	In general, would you describe these relationships as supportive and satisfying?	□ (a)	□ (c)
2.	Do you get into relationships that are painful for you? Or is your present relationship a painful one?	□ (c)	□ (a)
3.	Have significant others loved and appreciated you for who you are?	□ Often (a□ Sometin□ Seldom/	nes (b)

RELAT	IONSHIP SCALE B	OFTEN	SOMETIMES	SELDOM/ NEVER
1.	Do you find yourself more likely to get in trouble with the law when you are in a relationship than when you are not in a relationship?	□ (a)	□ (b)	□ (c)
2.	Do you tend to get so focused on your partner that you neglect other relationships and responsibilities?	□ (a)	□ (b)	□ (c)
3.	Have partner(s) been able to convince you to get involved in criminal behavior?	□ (a)	□ (b)	□ (c)
4.	Do you feel okay about yourself when you are not in a relationship? Or if in a relationship: Would you feel okay about yourself if you were not in a relationship?			

2. <u>SHERER SELF-EFFICACY SCALE²</u>: Please check the response that best describes you.

		OFTEN	SOMETIMES	SELDOM/ NEVER
1.	When you make plans, are you fairly certain that you can make them work?	□ (a)	□ (b)	□ (c)
2.	Do you have problems getting down to work when you should?	□ (c)	□ (b)	□ (a)
3.	Are you pretty persistent like if you can't do a job the first time, do you keep trying until you can?	□ (a)	□ (b)	□ (c)
4.	When you set important goals for yourself, do you have trouble achieving them?	□ (c)	□ (b)	□ (a)
5.	Do you give up on things before completing them?	□ (c)	□ (b)	□ (a)
6.	Do you avoid facing difficulties?	□ (c)	□ (b)	□ (a)
7.	When something looks complicated, do you avoid trying to do it?	□ (c)	□ (b)	□ (a)
8.	When you have something unpleasant to do, do you stick to it until you finish it?	□ (a)	□ (b)	□ (c)
9.	When you decide to do something, do you go right to work on it?	□ (a)	□ (b)	□ (c)
10.	When you try to learn something new, do you tend to give up if you are not initially successful?	□ (c)	□ (b)	□ (a)
11.	When unexpected problems occur, do you handle them well?	□ (a)	□ (b)	□ (c)
12.	Do you avoid trying to learn new things when they look too difficult?	□ (c)	□ (b)	□ (a)
13.	Does failure just make you try harder?	□ (a)	□ (b)	□ (c)
14.	Do you feel insecure about your ability to do things?	□ (c)	□ (b)	□ (a)
15.	Can you depend on yourself?	□ (a)	□ (b)	□ (c)
16.	Do you give up easily?	□ (c)	□ (b)	□ (a)
17.	Do you feel capable of dealing with most problems that come up in life?	□ (a)	□ (b)	□ (c)

3. <u>PARENTING SCALE³</u>: In this last section we are going to ask you questions about your life with your children.

Please do not complete this section if you do not have children who are under 18 years of age.

_____ I do not have children under 18. (Do not complete this section.)

_____ I have never had a period of ongoing contact with my children. (Do not complete this section.)

Please tell us whether or not you agree with the following statements. Please check the response that best describes you.

		STRONGLY AGREE	AGREE	DISAGREE	STRONGLY DISAGREE
1.	I have many people I can lean on, who would help me out during tough times.	□ (d)	□ (c)	□ (b)	□ (a)
2.	I believe that I am admired and praised by the people in my life. They think that I am worthy and important.	□ (d)	□ (c)	□ (b)	□ (a)
3.	The people in my life have confidence in me and expect that I will do the right thing and make good decisions.	□ (d)	□ (c)	□ (b)	□ (a)
4.	No one has ever really listened to me.	□ (a)	□ (b)	□ (c)	□ (d)
5.	Raising children is a nerve-wracking job.	□ (a)	□ (b)	□ (c)	□ (d)
6.	My life seems to have been one crisis after another.	□ (a)	□ (b)	□ (c)	□ (d)
7.	I go through times when I feel helpless and unable to do the things I should.	□ (a)	□ (b)	□ (c)	□ (d)
8.	Sometimes I just feel like running away.	□ (a)	□ (b)	□ (c)	□ (d)
9.	Most of the time, I get no support from the children's father (or stepfather/co-parent).	□ (a)	□ (b)	□ (c)	□ (d)
10.	Raising children is harder than I expected.	□ (a)	□ (b)	□ (c)	□ (d)
11.	I have trouble keeping my kids from misbehaving.	□ (a)	□ (b)	□ (c)	□ (d)
12.	My children are difficult to control.	□ (a)	□ (b)	□ (c)	□ (d)

¹ Scales contains items from the following:

Fischer, J., Spann, L., and Crawford, D, (1991). Measuring Codependency, <u>Alcoholism Treatment Quarterly</u>, 8(1) 87-99. Roehling, P. & Gaumond, E. (1996). Reliability and Validity of the Codependent Questionnaire. <u>Alcoholism Treatment Quarterly</u>, 14(1), 85-95.Crowley Jack, D. & Dill, D. (1992). The Silencing the Self Scale, <u>Psychology of Women Quarterly</u>, 16, 97-106.

² Sherer, M., Maddus, J., Mercandante, B., Prentice-Dunn, S., Jacobs, B., & Rogers, R. (1982). The Self Efficacy Scale: Construction and Validation. <u>Psychological Reports</u>, 51, 663-671.

³ Most questions are from: Avison, W., Turner, R, & Noh, S. (1986) Screening for Problem Parenting: Preliminary Evidence on a Promising Instrument. <u>Child Abuse & Neglect.</u> 10, 157-170.

Scoring Relationship Support Scale (A)

Number of (a)	_x 2 =
Number of (b)	x 1 =
Number of (c)	x 0 =0
TOTAL	

Scoring Relationship Difficulties Scale (B)

Number of (a)	x 2 =
Number of (b)	x 1 =
Number of (c)	x 0 =0
TOTAL	

Scoring Self-Efficacy Scale

Number of (a)	x 2 =
Number of (b)	x 1 =
Number of (c)	x 0 =0
TOTAL	

Scoring Parenting Stress Scale

 Number of (a)
 x 3 =

 Number of (b)
 x 2 =

 Number of (c)
 x 1 =

 Number of (d)
 x 0 =

 TOTAL

If no children, or no involvement, scale score = 0